

CONTINUE THE CONVERSATION

LOWER ELEMENTARY PARENT GUIDE

In these early grades, students are introduced to what it means to be a Digital MVP—safe, respectful, and responsible online. Through playful metaphors like sports teamwork and real-world comparisons, children understand how to protect their privacy, recognize kind behavior, and build good digital habits. This guide will help you reinforce those big ideas in simple, age-appropriate ways.

MODULE SIX

Privacy & Cyber Awareness

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In this module, students learn about the importance of **digital privacy**—protecting their personal and private information online. Just like a sports team keeps its game plan secret, students are encouraged to keep details about themselves private to stay safe in the digital world.

They learn that **personal and private information** includes things like:

- Full name
- Phone number
- School name
- Birthdate
- Location (like if they're home alone or on vacation)

Students explore real-life examples of where they might accidentally share this information, especially while **playing online games**. To protect themselves, they're given four key rules:

- **Ask an adult before creating any online account.**
- **Create a strong password** (with help from a parent or guardian).
- **Use a safe username** that doesn't give away personal info.
- **Skip real photos** and use avatars or symbols instead.

Students are reminded that strangers online may pretend to be someone they're not, so it's important always to follow these safety rules and talk to a trusted adult if anything feels wrong.

Questions to Talk About with Your Child

- 1 *What kinds of personal information should you keep private online?*
- 2 *Why do you think using your real name or photo in a game is unsafe?*
- 3 *Why is it important to ask a parent before creating an online account?*
- 4 *What would you do if someone in a game started asking personal questions?*

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UPPER ELEMENTARY PARENT GUIDE

As students become more independent online, they explore important digital topics like privacy, media messages, password safety, and age-appropriate use. They also learn the value of being kind online and how to respond if they encounter cyberbullying. Use this guide to support your child in forming positive online habits and navigating their digital world with care and confidence.

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Privacy & Cyber Awareness

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In this module, students learn that their **personal information is valuable**—like their own set of Crown Jewels—and must be protected carefully when online. Just as the genuine Crown Jewels are locked away in the Tower of London, their personal information needs strong protection.

Personal information includes:

- Full name
- Address
- Passwords
- School name
- Birthdate

This lesson teaches students about **Digital Privacy**, or guarding their personal data to keep strangers and hackers from accessing or misusing it. They're reminded that online strangers can **pretend to be someone they're not**, and it's important not to share personal details—even with someone who seems friendly.

Students are taught **specific safety strategies** that include:

- **Getting permission** from a trusted adult before creating an online account
- **Choosing safe profile names and pictures** that don't reveal their identity
- **Creating strong passwords** only known to them and their parents
- **Avoiding pop-up ads** and never clicking on **suspicious links** in messages or emails

By treating their personal information like treasure and being cautious online, students build good digital habits that keep them safe as they grow.

Questions to Talk About with Your Child

- 1 *What personal information do you think should stay private online?*
- 2 *Why is asking permission before signing up for a game or website important?*
- 3 *Have you ever seen a pop-up ad? What did you do?*
- 4 *What would you do if someone online asked where you live or what school you attend?*
- 5 *Can you think of a safe username or screen name that doesn't include personal details?*

CONTINUE THE CONVERSATION

JUNIOR HIGH PARENT GUIDE

During these years of rapid change and growing curiosity, students dive deeper into concepts like digital footprints, media literacy, AI-generated content, and tech laws. They learn how to think critically, set healthy boundaries on social media, and recognize their role as upstanders. This guide will help you continue those conversations at home—encouraging thoughtful reflection and safe decision-making.

MODULE SIX

Privacy

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Privacy

In this lesson, students learn simple but effective steps to secure their personal information and stay safe in the digital world.

Key ideas include:

- **Privacy settings:** Set social media accounts to private to protect personal information.
- **Avoiding online predators:** Never share inappropriate pictures and report requests to trusted adults immediately.
- **Strong passwords:** Use long, complex passwords with 12–16 characters, mixing numbers, letters, and symbols.
- **Passkeys:** Future digital security involves passkeys like fingerprints or face scans.
- **Secure websites:** Look for the padlock icon to ensure websites are secure before entering personal information.
- **Phishing and smishing:** Be cautious with unsolicited emails and texts; always verify before clicking links.

By adding extra “locks” to their digital lives, students are creating a safer digital world for themselves.

Questions to Talk About with Your Child

- 1 *Why is it important to keep your social media accounts private?*
- 2 *What should you do if someone you meet online asks you to meet in person or send an inappropriate picture?*
- 3 *What makes a strong password? Can you think of one that’s hard to guess?*
- 4 *Have you ever seen a suspicious email or text? What did it say?*
- 5 *Why is it important to check for the padlock icon on a website?*

Encourage your child to take the necessary steps to keep their information safe!

CONTINUE THE CONVERSATION

HIGH SCHOOL PARENT GUIDE

High school students learn how their digital actions can shape their future. They explore real-world consequences tied to social media use, privacy choices, online safety, and their digital reputation. From job and college applications to navigating complex online interactions, students are challenged to think long-term. These conversation starters will help you guide your teen through more nuanced topics and support their growth as responsible digital citizens.

MODULE SIX

Privacy & Cyber Awareness

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Privacy & Cyber Awareness

This module equips students with essential skills to protect their privacy and stay safe in an increasingly connected world. Students learn how their digital footprint can affect them now—not just in the future—and why online safety is a critical life skill. The lesson covers strong password creation, the benefits of passphrases, and the use of two-factor authentication and emerging tools like passkeys. It also introduces common cyber threats, including phishing, malware, and social engineering, and emphasizes how to spot and avoid them. Students are reminded to limit what they share on social media, adjust privacy settings, and stay cautious on public Wi-Fi or USB charging stations. The goal is to help students become proactive digital citizens who are informed, cautious, and in control of their online presence.

Questions to Talk About with Your Child

- 1 *What steps have you taken (or could you take) to protect your privacy online?*
- 2 *Why is it risky to use the same password for multiple accounts—and what are the benefits of using a password manager or passphrase?*
- 3 *Have you or someone you know ever received a phishing email or scam message? What helped you spot it?*
- 4 *What kinds of information should you avoid sharing on public social media accounts?*
- 5 *How can we protect ourselves when using public Wi-Fi or charging stations while traveling?*